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Volume 16, Issue 3: Winter 2014

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From the President

"While we are a coffee company at heart, Starbucks provides much more than the best cup of coffee—we offer a community gathering place where people come together to connect and discover new things." Howard Schultz, CEO Starbucks

We are a community and I encourage each of you to attend the Psychopharmacology Institute and Annual Conference March 25 – 29 in Greenville, SC. This is our time and place to come together to build, reconnect and rekindle friendships while discovering new knowledge and opportunities.

As I prepare to step down from my role as President of ISPN, I want to thank each of you for the opportunity to serve this organization. I have enjoyed the opportunity to learn about leadership and to empower others to facilitate moving ISPN forward. It is my hope that I have not only moved the organization forward in our mission but also to mentor others to become leaders in the organization. This quote of Tom Peters has resonated with me on many occasions during the past year and I certainly hope I have been able to make a difference. "Leaders do not create followers, they create more leaders."

I have been honored and privileged to serve as your President the past year and certainly look forward to many more years of friendship and collegiality. Much work is yet to be done in the areas of education of our students, practice areas, research and dissemination of information to improve outcomes.

I want to encourage you to seek out opportunities to be actively involved in ISPN through either an elected position, chair of a council, or member of the conference planning committee. If you have another idea please let me know. ISPN needs your energy and involvement as we head into our 17th year.

Thank you and I look forward to seeing you in South Carolina,

Evelyn Parrish, PhD, APRN, President ISPN

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Worthy News and Links of Interest - Editor: Past President Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC

Behavioral Health Barometer, 2013
SAMHSA Publication

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Register Now for the
7th Annual
Psychopharmacology
Institute &
16th Annual Conference!

March 25-29, 2014
Hyatt Regency Greenville
Greenville, South Carolina

**Early Rate Good Until
February 17th!**

The "National Behavioral Health Barometer" (Barometer) provides data about key indicators of behavioral health problems including rates of serious mental illness, suicidal thoughts, substance abuse, underage drinking, and the percentages of those who seek treatment for these disorders. The Barometer shows these data at the national level, and for each of the 50 states and the District of Columbia.

[Click here to register online!](#)

[Click here for a downloadable registration form!](#)

The Barometer indicates that the behavioral health of our Nation is improving in some areas. For example, the rate of prescription pain reliever abuse has fallen for both children ages 12–17 and adults ages 18–25 from 2007 to 2011 (9.2 percent to 8.7 percent and 12.0 percent to 9.8 percent, respectively).

"The Barometer is a dynamic new tool providing important insight into the 'real world' implications of behavioral health issues in communities across our Nation," said SAMHSA Administrator Pamela S. Hyde, J.D. "Unlike many behavioral health reports, its focus is not only on what is going wrong in terms of behavioral health, but what is improving and how communities might build on that progress."

To access this report in PDF or to order, [click here](#).

Bringing improved health care to rural America:

Did you know that 25% of our population and 90% of our land mass are rural? In this piece, Manderscheid (2014) reports that rural issues must be an essential part of our national agenda. For more info, [click here](#).

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Connections Special Topic

The initial ISPN white paper on *Meeting the Mental Health Needs of Youth in Juvenile Justice* was written in 2007 and endorsed by the ISPN Board of Directors in 2008. The paper was generated when several ISPN members discovered their mutual clinical practice and scholarship interests centered on the vulnerable population in juvenile justice.

Current ACAPN Division Director Dr. Edilma Yearwood requested that several of the position papers generated by ACAPN be updated to include the one mentioned above. A call for volunteers went out and a writing team was assembled.

Members of the writing team include Dr. Beth Bonham, Dr. Kate Shade, Dr. Deborah Shelton, Dr. Geri Pearson, and Ms. Nancy Fowler. The team demonstrates both clinical and scholarship expertise in identifying, treating, and researching the mental health needs of youth in the juvenile justice system. The goal in revising and updating the position paper is to present a draft of the paper to the ACAPN Division members at the ISPN Annual Conference in Greenville, SC, March 2014.

Elizabeth Bonham PhD, RN, PMHCNS-BC

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ISPN Foundation Report

The ISPN Foundation has received several great applications and will be announcing the winners of the Travel Scholarship and Research Grant Awards soon. We are also very excited about unveiling our new Lamplighters Donor Recognition Program to honor those who give so generously to the ISPN Foundation and make travel scholarships, research grants, and global initiatives possible. Stay tuned to upcoming eblasts as we seek volunteers and nominations for new Foundation Board members for the next fiscal year. This is a wonderful chance for you to serve ISPN and help promote mental wellness through funding research, scholarship, and global collaboration!

Bobbie Posmontier, PhD, CNM, PMHNP-BC
Foundation Board President

bp98@drexel.edu
215-495-3050

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From the Membership Committee

Membership continues to steadily rise, true to past years; peaking at the annual conference. Here is a list of our latest endeavors:

- The Committee will continue to host the following at the Annual Conference:
 - Membership table/information booth
 - Books sales by nurse authors
 - New Members Breakfast (to be joined by the BOD)
- Coordinate a casual evening out on the highly inviting and walkable town of Greenville, SC. This is the year we will cohost with the Diversity Committee.
- Identify, support and validate faculty/student conference participation through use of signifying ribbons for each at the conference.
 - Roll out of a new program, supporting membership and professional growth will begin at the 2014 ISPN Conference:

Get Involved in ISPN!
ISPN needs you!
We are looking for interested individuals to serve on committees and help to move the society into 2015. If you are interested or would like to know more, please contact Mandy at info@ispn-psych.org.



Join the ISPN Foundation

"Laughter: The Foundation of a Good Life"

*Our special event on Thursday, **March 27, 2014, 5:45 p.m. to 7:30 p.m.**, during the ISPN Annual Conference. Tickets are only \$45, so be sure to get your ticket when you register for the conference. We are starting the fundraising event earlier this year to allow you time to "go out on the town" and take advantage of Greenville's wonderful restaurants, shops, and nightlife.*

Membership Preceptor Program. It is designed to attract and sustain new members.

- o Veteran members will purposefully "buddy" with new/first time attendees to support that attendee through first time attendance.
- o Support new/first time attendee with regular contact throughout year, offering active participation within ISPN as leadership and skill levels emerge
- o Study sustainability and growth of recipients of ISPN Membership Precepting

The ISPN Membership Committee invites veteran members to offer their personal Precepting and new members stepping to participate in the ISPN Membership Preceptorship. Please contact the Chair or any member of the ISPN Membership Committee for more information. The ISPN Membership Preceptor program begins at the 2014 Conference in Greenville SC.

Warmly submitted,
Kathleen McCoy

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From the Marketing and Development Committee

The Marketing & Development Committee is continuing to work diligently to secure relevant sponsors and vendors for the 2014 annual conference in Greenville. We expect to have a diversity of exhibits, ranging from not-for-profit advocacy groups to for-profit corporations focused on behavioral health. Similar to last year, we will have a sponsor/vendor form that each participant will get signed. Once the form is complete, the participant will be entered into a drawing where their conference registration fee for 2015 will be discounted. This program was very popular in San Antonio, and we look forward to providing this incentive again in 2014. We will be recruiting for new M&D members at the conference so please consider volunteering for the 2015 conference.

Best regards, Carla Groh

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ACAPN Division Update

As the 2014 annual conference approaches, I encourage our members to attend the conference. This will be a wonderful opportunity to network with colleagues and attend both the Psychopharmacology Institute and general conference. The program has a variety of offerings that should meet your continuing education needs.

In preparation for the ACAPN Division meeting late Friday afternoon (March 28th), I am asking all ACAPN members to think about 2-3 goals you would like to see the Division work on during the 2014-2015 year. Whether you are attending the conference or not, please send those to me at elv2@georgetown.edu by March 24th. I am also interested in member questions, ideas for developing our division and projects that you feel would be a service to children, adolescents and families moving forward. Please also note that several of the ACAPN members will be conducting a workshop to discuss the current state of Child and Adolescent Advanced Practice Psychiatric-Mental Health Nursing. A summary of that workshop will be available in a future issue of JCAPN. Lastly, we will discuss division contributions to the website that are specific to our subspecialty at the conference. If you have new ideas of particular focus areas that we should write and post, or if you are interested in working with others to revise some of our documents, send me an email.

Edilma L. Yearwood
ACAPN Division Director

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AGPN Division Update

Dear Adult and Geriatric Psychiatric Nursing Colleagues,

This is what you might be looking for..

We have launched a social networking site for our Division. This way you can keep in touch with your colleagues anytime you want. For example, if you want to ask a question of a colleague, ask it on Yammer. If you've had a tough day, tell it to a colleague on Yammer. It's a private network with health care security protections. Please do not share the codes with anyone outside of ISPN.

Here's how to get connected on Yammer so you can Yammer it up!

1. Please send an email to sueleebee@gmail.com and request an invite to join our social networking site called "ISPN Yammer."
2. Then you will receive an invitation to join the ISPN Yammer in your email box.
3. Click on it and join. You will put in your own email address and a password of your choosing.
4. Leave a message, start a conversation, and let your presence be known.

Here are some important things to know as you use ISPN Yammer. This website is private and only ISPN members can be invited by an invitation from sueleebee. This protects our privacy. PLEASE DO NOT CUT AND PASTE OR EMAIL OUT FROM THIS GROUP.

NOW YAMMER IT UP!

Make a Contribution

The auction is one of the highlights of the evening, and we are looking for contributions. Make a contribution either in cash or in kind as an auction item. If you would like to send a financial contribution please send a check made out to the ISPN Foundation and in the memo please state auction.

If you have questions about contributing, or need more information, please contact the ISPN office at info@ispn-psych.org.



Friend us on Facebook!

Join your ISPN colleagues on the ISPN Facebook page. Join in conversations about noteworthy news, PMH-nurse upcoming topics, and stay in the know about the upcoming conference.

ANCC implemented new professional development renewal requirements on January 1, 2014

All candidates submitting a renewal application must complete Category 1 (75 continuing education hours) plus one additional category. All advanced practice nurses (nurse practitioners and clinical nurse specialists) must include at least 25 of the 75 continuing education hours in pharmacotherapeutics to

fulfill their Category 1 requirement.

The 7th Annual Psychopharmacology Institute & 16th Annual ISPN Conference in Greenville, SC

This activity has been submitted to WNA CEAP for approval to award contact hours. Wisconsin Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

[ANCC Website](#)

Of course, the big news is the upcoming ISPN psychopharm and annual conference. See you there and we can Yammer it up face to face. At the conference, we'll count to see who's been Yammering. So sign up and be counted.

At the end of the conference, there are annual meetings. Look for the location of our Adult and Geriatric Division and come. It's a meaningful way to get what you are looking for in your professional organization.

As ever, Sue Benson, DNP

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ISPCLN Division Update

Hello ISPCLN Colleagues,

Winter Greetings to all! I do hope that this message finds you all safe from the incredible weather disturbances across the country. I am sure hoping that the polar vortex departs; fortunately Massachusetts is enjoying two days of warming weather as I am writing this message, before another blast of cold and snow are upon us. The brief warm up reminds me of our upcoming ISPN conference in March. I am truly anticipating the warmth of Greenville, South Carolina, and the warm feeling I experience when I am surrounded by our ISPN colleagues and conference participants.

16th Annual ISPN conference and 7th Annual Psychopharmacology Institute

If you have not checked out the conference brochure, what are you waiting for?? The planning committees have been shepherded by Anita Dempsey, for the conference, along with Geri Pearson and Karen Ragaisis for the psychopharmacology institute and they have all done a truly outstanding job with clearly dedicated sessions for psychiatric consultation liaison nurses. So if you want an educational experience that addresses critical issues for and about the psychiatric consultation liaison nurse, opportunities to spend time with your PCLN colleagues, make new friends/colleagues and just plain relax, then check out the website and register! You do not want to miss this conference. I will certainly be looking forward to seeing you there!

Concerns and Opportunities for the PCLN Role

I continue to have concerns about the vulnerability of the PCLN role especially in acute care institutions but am equally bolstered by the several positions that have been created in acute care as well as the expansion into senior care centers and rehabilitation centers. Unfortunately, there continues to be a paucity of education about the PCLN role in our academic nursing centers both nationally and internationally. Therefore, I would like to propose an idea to our PCLN Division members- that during the conference we discuss how to use our PCLN members to create an education program for nurses who want to become PCLNs through the use of our website. This will be an interesting and also big effort for our divisional membership but I think the time is now to afford our colleagues and students with usable information about the PCLN role. I know many of you may not be at the conference but I would like to hear from you about this idea. Any ideas you have for content, how to set up learning modules and perhaps how to test their knowledge along with anyone who might be interested in being a mentor for someone in your vicinity please contact me. I am committed to the stabilization and hopefully continued expansion into interesting roles that may be outside the acute care environment. I look forward to your help on this project.

Please email me with ideas, thoughts, or concerns at Skrupnick@charter.net

In closing, we will be discussing this important issue of PCLN preparation and role progression at the ISPCLN Business Meeting at the ISPN conference in Greenville, South Carolina- so please plan to attend and send me your ideas. AGAIN, I look forward to seeing you in Greenville, South Carolina!

Warmly,

Susan L.W. Krupnick MSN, PMHCNS-BC, ANP-BC, CPREP
ISPCLN Division Director- ISPN

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SERPEN Division Update

News from the SERPEN Director

I am not sure about you, but the old adage, "cold hands, warm heart" has never been more accurate. Many of us have recently been experiencing harsher than usual winter conditions, but, it will not be long before spring arrives with the excitement of new beginnings.

Along with this excitement, I would like to thank, Lynn Shell, who is overseeing the process of updating our white papers. Lynn and I would like to thank you for your willingness to volunteer and support her in this effort. We are looking forward to sharing updates with you during the conference. If you would like to assist in this effort and have an interest in either updating an existing white paper or adding to topics, please continue to contact her at shell.apn@gmail.com.

I am looking forward to seeing you at our conference in Greenville, South Carolina. We have many exciting and informative presentations scheduled along

with the dinner and auction so be sure to sign up now. I would like to hear from you at the conference, as you consider ways that you would like to be involved next year with SERPN. If you are currently involved in new projects that you would like to share with your SERPN colleagues, please let me know and I will be glad to disseminate the information on your behalf. I am also always interested in discussing and brainstorming potential ideas and projects with you that SERPN can support. See you in March!

Sincerely,
Rene Love DNP, PMHNP/CNS-BC
Rene.love@vanderbilt.edu

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2014 Annual Conference

This year's Conference is offering a variety of innovative and exciting learning formats:

Psychopharmacology Institute Plenary Sessions:

- Dr. Janiece Desocio - The McCabe Lectureship: The Synergy of Psychotherapy and Psychopharmacology in Mediating Brain Change
- Dr. Geoff McEnery - Treatment Resistant Depression: Impact on Sleep Cycle

Annual Conference Plenary Sessions:

- Virginia Trotter Betts- Keynote Address
- Judith Coucouvanis- Melva Jo Hendrix Lectureship: A Journey With Autism: Perspectives From 30 Years of Clinical Practice
- Dr. Nthabiseng Phaladze- The State of Mental Health Services In Botswana: Opportunities for Capacity Building and Expansion
- Dr. Daniel Pesut- Creating Desired Futures: The Future of Mental Health Nursing

New This Year:

Annenberg Center for Health Sciences at Eisenhower is sponsoring "Adherence in Schizophrenia: Increasing Competence, Cooperation and Customized Patient Solutions."

Lunch with the Experts, Round Table Discussions:

Participants will be encouraged to present difficult cases, questions, and complex issues for discussion related to:

- Child/adolescent issues/disorders
- Adult co-morbidities
- Geropsychiatric issues

This year we will have small group sessions to address specific prescribing challenges.

Abstract presentations will continue to offer attendees content pertaining to adults, geriatrics, and child/adolescent populations at each concurrent session.

Join ISPN at the 7th Annual Conference in March 25-29, 2014, Greenville, South Carolina. Visit the [ISPN conference website](#) to view regular updates about the conference and to [register](#).

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